



HCM News



Mayor's Message

It is my pleasure to begin my fall message on a beautiful autumn morning with a recognition of the Mayor's Pumpkin Challenge in HCM. For two years now I have distributed pumpkin seeds to children who visit my table at "June Jazaar" and issue them the challenge of growing their own jack-o-lantern. I have received two entries –

"The Great Beginnings Award" goes to Benedict, photo sent to me by his proud grandmother Cathy Sutherland. His plant was going strong until the family went on vacation, it is my hope that he will try again next year.



"The Best Pumpkin Patch Award" goes to Clare, who is surrounded by ten pumpkins from her garden. Many thanks to Mom and Dad, Brent and Nicole Allen for encouraging her green thumb!

Remembrance Day will soon be here and Head, Clara and Maria will be honouring our veterans with a ceremony at the Memorial on Saturday November 11th. I would welcome volunteer assistance in preparation for the ceremony. Please send me an email or give me a call if you have the time to help.



Our local Catholic Women's League is kindly providing the lunch after the ceremony. As I did last year, I will be bringing the "Mayor's Famous Hamburger Soup". If you feel the urge, let me know if you would like to bring a pot of your favourite soup to add to the lunch. Maybe have a little competition?

Many of you may have heard that your Council has reached out to our neighbouring municipality, Laurentian Hills asking to begin a dialogue for Auto Extrication service for the 30 km stretch from Rolphton to Bissett Creek. It is important that you have the whole story including what your Council has done "behind the scenes". I have attached the letter dated September 6, 2023 that was sent to each member of Laurentian Hills Council, CAO Batten and Fire Chief Waito. To this date, the letters sent have not been acknowledged by the recipients.

On September 20, 2023, Councillors Kelly-Chamberlain, Dowser and I attended the Laurentian Hills Committee of the Whole-Protection to Persons & Property meeting where our correspondence was tabled. All of Laurentian Hills Council was in attendance, however Fire Chief Waito was the only representative at the table to make a comment concerning our correspondence. I did not record his comment but I will paraphrase – "Nothing has changed since the last time they asked."

The last time HCM gathered our neighbouring municipal partners to discuss this concern was the fall of 2021.

Continued on page 2.

At that time there was positive dialogue from our neighbours in Deep River and Petawawa to continue discussion. The last word of the meeting came from Laurentian Hills Fire Chief Waito, who announced that his fire fighters would not cross into our jurisdiction.

I want to acknowledge the support I have received from all of HCM Council and staff in the endeavour to make this section of Provincial Highway 17 a safer corridor to travel. We are also very grateful to the Town of Mattawa Fire Department for their continued support with Auto Extrication from our western boundary to the hamlet of Bisset Creek.

If you can, share this with your friends and family in Laurentian Hills and beyond. Your Council and staff are working on your behalf to make our community a better place to live, work and play.

Mayor Debbi Grills



**THE CORPORATION OF THE UNITED TOWNSHIPS OF
HEAD, CLARA & MARIA**

**15 Township Hall Road
STONECLIFFE, ONTARIO, K0J 2K0**

Phone: (613) 586-2526 | Fax: (613) 586-2596 |
E-mail: d.grills@headclaramaria.ca

Ann Giardini, Mayor
Town of Laurentian Hills
34465 Highway 17, RR#1
Deep River, Ontario
K0J 1P0

September 6, 2023

Re: Auto-Extrication Partnership

Dear Mayor Giardini,

As you may be aware, a motor vehicle accident occurred in Bissett Creek, within the United Townships of Head, Clara and Maria, on Friday, September 1st, 2023, which required auto-extrication services. The accident occurred in an area of the municipality that is covered by an auto-extrication agreement between the United Townships of Head, Clara and Maria and the Town of Mattawa. The Town of Mattawa's Fire Department responded to the accident and was able to extricate the lone passenger, who was transported by the Renfrew County Paramedics to the hospital with serious but non-life-threatening injuries.

Fortunately, the accident occurred in an area of the municipality where auto-extrication services have been secured and are available. Unfortunately, there is still a large part of the municipality that is not secured by auto-extrication agreement. Though an accident is not the sole reason to pursue a partnership for service, it certainly highlights the need.

The Council of the United Townships of Head, Clara and Maria is seeking an opportunity to work with the Town of Laurentian Hills to secure an auto-extrication agreement that will provide coverage to the remaining unserved portion of the municipality which includes the eastern portion of the municipality from Colton Creek Road along Highway 17 to the Bissett Creek train overpass.

We are aware of, and understand, the concerns that have been identified in previous Community Partner meetings and discussions about securing an agreement amongst neighbouring municipalities. However, this Council believes there is an opportunity for the Townships of Head, Clara and Maria and Town of Laurentian Hills to work together, along with other neighbouring municipalities, to address those concerns and come to a mutually beneficial agreement.

Securing an auto-extrication agreement is paramount to the health and safety of those who are travelling along Highway 17. It is not only the residents of Head, Clara and Maria that travel the approximate 30-kilometer section of Highway 17 that does not have access to auto-extrication services; thousands of people drive through the municipality on a daily basis. According to the Ministry of Transportation's Provincial Highway Traffic Volume Report, the annual average daily traffic count in 2016 was 2,950 vehicles. This could be anyone's family member, friend or neighbour who requires auto-extrication services along this stretch of Highway 17.

Thank you for taking the time to consider this request and we look forward to further dialogue on creating a mutually beneficial agreement for auto-extrication services in Head, Clara and Maria.

Sincerely,



Debbi Grills,
Mayor, United Townships of Head, Clara and Maria

cc. Brenda Blimke, Deputy Mayor - Town of Laurentian Hills
Bruce Boucher, Councillor - Town of Laurentian Hills
Gary McNulty, Councillor - Town of Laurentian Hills
John Hoyle, Councillor - Town of Laurentian Hills
Sherry Batten, CAO/Clerk – Town of Laurentian Hills
Kevin Waito, Fire Chief – Town of Laurentian Hills

Community Updates and Reminders

PROPERTY TAX BILLS

The final installment of property taxes is **due** October 31st. Payments can be made via e-transfer to payments@headclaramaria.ca, over the phone with a credit card, or in the office by cheque, debit/credit or cash. Cheques can be mailed to 15 Township Hall Road, Stonecliffe ON K0J 2K0. Please do not send cash via regular mail. Customers of Scotiabank can also add the municipality as a payee and make their property tax payments through their financial institution.

**Please note, ensure property information (roll number and address) is submitted with your payment regardless of the method so that your payment can be applied to the proper account.*

BUILDING PERMITS

A building permit gives you legal authorization to start construction of a building project in accordance with approved drawings and specifications. Building permits are issued by the Township through its CBO and are reviewed for compliance with the Ontario Building Code, the Municipal Zoning by-law, Building by-law and other applicable provincial, county and municipal regulations. Building permits are necessary to ensure that zoning requirements, fire and structural safety standards as well as other building standards are met. Please contact Robert Labre, CBO or visit the municipal website before beginning any new renovation projects to see if a building permit is required.

NEW HORIZONS FOR SENIORS PROGRAM

The Municipality was successful in obtaining funding for a Seniors/ Intergenerational Program through the New Horizons for Seniors Program. To date, the program has offered Yoga with Kim Knight, a Planter Workshop, Cardio Drumming, a Watercolour Painting Class, a Herbal Medicine Workshop, Crazy Cards and a Mini Pumpkin Floral Arrangement Workshop. More information can be found throughout the newsletter. If you would like to be added to the community email list to receive more information

about upcoming events, or have suggestions of events you would like to see through the program, please contact the municipal office. We have many unique and exciting events coming up in the future. Please see page for additional information.

RECREATION ADVISORY COMMITTEE

The Recreation Advisory Committee is seeking volunteer members to serve on the committee. If you are looking for an active way to contribute to your community by helping to plan and execute events and fundraising efforts for the municipality, the Recreation Advisory Committee is a great opportunity. Meetings are typically scheduled the first Tuesday of each month. The Terms of Reference can be viewed on the municipal website at [Terms of Reference \(townshipsofheadclaramaria.ca\)](https://www.townshipsofheadclaramaria.ca). The Committee is also looking for volunteers for the New Year's Eve Party. Positions include setting up and decorating the community centre, bartending, preparing food and washing dishes. Please contact the municipal office if you are interested in volunteering.



Instructor, Akosua, and participants with their Mini Pumpkin Floral Arrangements.

NRLTC LUNCHEONS AND WELLNESS CHECKS

The North Renfrew Long Term Care is resuming monthly luncheons. They will take place on the first Wednesdays of the month. If you are interested in attending please call the North Renfrew Long Term Care Center at 613-584-1900. The County of Renfrew Paramedics are also in attendance to host their health promotion and wellness clinic. Paramedics are on site to check blood pressure, pulse, respiration, oxygen saturation, temperature and blood glucose levels .

COMMUNITY EMAIL LIST

The Municipality has a community email list that is used to send community notices and updates. If you would like to be added to the community email list please contact the Municipal Office. It is the intent of staff to keep email addresses secure by using Blind Carbon Copy however; we can not guarantee confidentiality.

BUSINESS DIRECTORY

Council and Staff will be creating a business directory on the municipal website. If you own a business that serves Head, Clara and Maria, and would like to be included on the business directory please send your business information, including name, address, description, phone number, email address and website to clerk@headclaramaria.ca.

MUNICIPAL WEBSITE AND SOCIAL MEDIA

We are working on completing updates to the municipal website including more pictures sites throughout the municipality. If you have a picture of your favourite spot in HCM that would included on the website, please email it to clerk@headclaramaria.ca.

COMMUNITY SAFE SPACE

On May 18th Council passed a Resolution declaring Intimate Partner Violence an epidemic, directing Staff to create a "Safe Space" where people could access resources in a safe, confidential and non judgemental manner. In partnership with HCM Public Library, the Safe Space has been created and a variety of resources can be found on at the entrance to the library from the Community Centre. There are brochures and information pamphlets outlining the different services that are offered through the Bernadette McCann House and Victim Services of Renfrew County. The Safe Space will continue to be updated with new and emerging information as it becomes available.

HCM RECREATION COMMITTEE PRESENTS

NEW YEAR'S EVE PARTY

SUNDAY,
DECEMBER 31

2023

8:00 PM
TO
2:00 AM

ADVANCE TICKETS ONLY!!

UNTIL DECEMBER 15, 2023
TICKETS SOLD AT HCM MUNICIPAL OFFICE,
YATES GENERAL STORE AND LANCES
CONVENIENCE

\$10.00 EACH

OTTAWA VALLEY DJ & LATE LUNCH

Stonecliffe Community Center
15 Township Hall Road
Stonecliffe Ontario K0J 2K0

Upcoming Events

- Crazy Cards
October 24th at 1:00 p.m.
- Somatic Listening
October 25th at 1:00 p.m.
- Jam/Jelly Workshop
October 27th at 1:00 pm
- CWL Bingo
October 29th at 2:00 p.m.
- NRLTC Luncheon and Wellness Clinic
November 1st
- Christmas Vendor Market
November 4th at 10:00 a.m.
- Interrupting Stress Patterns Workshop
November 8th at 1:00 p.m.
- Regular Meeting of Council
November 16th at 2:00 p.m.
- Christmas Planter Workshop
November 21st at 1:30 p.m.
- Socializing and Solitude Workshop
November 22nd at 1:00 p.m.
- Scam and Fraud Awareness Workshop
November 23rd at 1:00 p.m.
- CWL Bingo
October 26th at 1:00 p.m.
- Stained Glass Workshop
December 1st at 1:00 p.m.
- Lycopodium Wreath Workshop
December 5th at 6:30 p.m.
- NRLTC Luncheon and Wellness Clinic
December 6th
- CWL Community Christmas Party
December 10th
- Regular Meeting of Council
December 21st at 2:00 p.m.

EUCHRE

Starts November 5th, 2023

Stonecliffe Community Centre

Sundays at 1:00 p.m.

\$2.00



2023 Dates

November 5, 12, 19

December 3, 10, 17

2024 Dates

January 7, 14, 21

February 4, 11, 18

March 3, 10, 17, 24

April 7, 14, 21

May 5

HCM Public Library

WIN THIS QUILT

Won at June Jazaar by Judy Zilney – gifted back to the library



The library has been gifted a beautiful handmade quilt.

88 inches x 96 inches, flannelette

This quilt has been made by Dorothy Martell and Karen LeClerc

Would you like to own this quilt?

Make a \$10.00 donation to Head, Clara, and Maria Library via

e-transfer to hcmlibraryboard@gmail.com

Cash donations accepted at Christmas Market

For every \$10.00 donation you will receive an entry into the draw.

Draw will be made at Christmas Market, November 4, 2023 – Stoncliffe Community Hall at 1:45 pm

e-transfers will be accepted until noon of November 4, 2023



Students who are interested in getting volunteer hours please contact our Librarian. We are planning on re-labeling and sorting the children's section over the summer and could really use some assistance. If you are interested please reach out to hcmlibra13@gmail.com.

Also we just want to remind everyone that our adopt an author fundraiser is still ongoing!

Checkout the Head, Clara & Maria Public Library Facebook page for regular updates on new books that become available.

This beautiful quilt was made by Dorothy Martell and Karen LeClerc and donated to the library for June Jazaar. The quilt has been gifted back to the library by its original winner Judy Zilney.

Want to make your own quilt? We have lots of quilt magazines to borrow!

We would like to remind all library users that the library is open to the public every weekday from 8:30 am to 4:00 pm and can be accessed through the office entrance. For anyone that has any questions, requires assistance using the library, or is interested in opening an account the librarian is now in the library every Tuesday and is happy to help!



HEAD, CLARA & MARIA PUBLIC LIBRARY

CHRISTMAS MARKET

**SATURDAY, NOVEMBER 4
10 A.M. - 2 P.M.
TOWNSHIP HALL
(15 TOWNSHIP HALL RD.,
STONECLIFFE)**

**VENDORS, BOOKS,
LIGHT REFRESHMENTS,
GIFT BASKETS AND MORE!**



Contact Cathy Sutherland at
hcmlibraryboard@gmail.com
to participate



Emergency Preparedness

Before an emergency happens, it's important to make sure you have a plan in place for your household.

Evacuation Plan

In case you are asked to evacuate your home, select two safe locations you could go to. One should be nearby, such as a local library or community centre. The other one should be farther away, outside of your neighbourhood, in case the emergency affects a large area. Record your safe meeting places, make sure all household members are aware of the locations and keep a copy in your emergency preparedness kit.

Emergency Kit

Your emergency kit should have everything you and your household would need to be safe and take care of yourselves for **at least three days** immediately following an emergency.

The following list includes essential items to have in your emergency kit:

- food (non-perishable and easy-to-prepare items, enough for three days) and a manual can opener
- bottled or bagged water (4 litres per person for each day) and backup water purification tablets
- medication(s)
- toilet paper and other personal items such as soap, shampoo, toothbrush, toothpaste, etc.
- personal protective equipment (PPE) such as medical masks and respirators
- back up chargers and power banks for cell phone or mobile device
- cash in small bills
- portable light source such as a flashlight, headlamp or glow stick
- radio (crank or battery-run)
- extra batteries
- first-aid kit
- candles and matches/lighter
- hand sanitizer or moist towelettes
- important papers such as a copy of your emergency plan, identification, contact lists, copies of prescriptions, etc.
- extra car and house keys
- whistle (to attract attention, if needed)
- zip-lock bag (to keep things dry)
- garbage bags and duct tape



Stay Informed

During an emergency, you should stay tuned to local news channels. Be sure to have a portable, battery-operated or crank radio in your emergency kit in case of power outages.

Alert Ready in Ontario

Alert Ready in Ontario is part of a [national service](#) designed to deliver Canadians' critical and potentially life-saving emergency alert messages. [Check your phone's compatibility.](#)

Ontario's hazards

Different hazards require a different approach for being prepared and knowing how to protect yourself and your household. [Learn more about Ontario's hazards](#), so you can better prepare for them and know what to do to protect yourself.

Emergency Management Ontario on Social Media

[Follow Emergency Management Ontario on Twitter for more emergency preparedness tips and information.](#)

Waste Management

All **waste** within the municipality must be properly disposed of. The Collection and Landfill Schedules are listed below. By-law 2022-12, being a by-law to regulate the collection, removal and disposal of solid waste in Head, Clara and Maria provides a list of fines associated with improper disposal of waste under “Schedule N”. The waste disposal bins that are located at the municipal parks and boat launches are not intended to accommodate dumping of household waste; it is for transient garbage only. When bags of household waste are disposed of in the bins, there is no room for those who are enjoying the parks and boat launches to properly dispose their garbage and the overflow of waste often ends up in the parks, boat launches and in the water before Staff return to work over the weekend. Please ensure waste is either set out for curbside collection, or delivered to the landfill sites, during the times listed below to keep the community clean!

Recycling materials in Head, Clara and Maria are sorted according to the requirements of Ottawa Valley Waste Recovery Centre (OVWRC), as the municipality’s recycling processing centre. Recycling needs to be sorted as per the guide in order to properly process the materials and reduce the amount of contamination within the materials that would, as a result, have to be landfilled. If OVWRC receives contaminated material from the municipality, they may issue fines, penalties and can even discontinue service. In order to avoid this issue, if recycling is not properly sorted, it will be refused at the curb and/or the land-

fill. A sorting guide from the OVWRC has been provided on the following page. Please keep it to reference proper sorting techniques. If you have any questions or concerns about sorting recycling materials, please contact the municipal office.

Did you know that there is a **Re-use Centre** at each of the landfill sites? *“One man’s trash is another man’s treasure”*; if you have something that you no longer need, but think someone else could benefit from its use, consider dropping it at the – reuse centre. This will help reduce the amount going into the landfill and encourage our reduce, reuse and recycle practices!

It is stated in our Environmental Compliance Approval, issued by the Ministry of Environment, that no scavenging is permitted at the landfill sites with the exception of taking materials from the designated re-use centre. If there is something specific that you are looking for, please speak with the Disposal Site Attendant, he may be able to help!

Landfill Hours of Operation

Bissett Creek Site

Tuesday 12:30 pm - 3:30 pm

Saturday 12:45 - 3:45 pm

Located on Bissett Creek Road

Stonecliffe Site

Thursday 12:45 pm - 4:15 pm

Saturday 8:30 am - 12:00 pm

Located on Kenny Road

Collection Days and Times

Deux Rivières (garbage and recycling)

Tuesday 10:00 am - 11:00 am

Bissett Creek (garbage and recycling)

Tuesday 11:30 am - 12:00 noon

Stonecliffe

Thursday 11:00 am - 12:00 noon

Mackey

Thursday 9:00 am - 11:00 am

** Estimated times; please ensure your waste is out for pick up by 8:00 am to ensure collection.*

Recycling Dates

(Stonecliffe and Mackey)

2023

October 2, 16, 30

November 13, 27

December 11, 27





RECYCLING Sorting Guide

900 Woito Station Rd., Pembroke | 613-735-7537 | info@ovwrc.com | www.ovwrc.com

CONTAINER RECYCLING

✓ **RECYCLABLES MUST BE EMPTY AND RINSED**



Aluminum cans & plates



Aerosol (empty)
& tin cans



Cardboard cans



Cartons & drink boxes



Egg cartons (plastic)



Glass bottles & jars



Paint cans (METAL,
EMPTY/DRY, lids
removed)



Plastic bottles, jugs, tubs
& lids (Empty liquids)



Plastic bakery,
produce & clam shell
packaging



Plastic food containers
(yogurt, applesauce)

Return all eligible liquor, wine, beer containers to the Beer Store for a refund.

DO NOT PUT IN RECYCLING

- ✗ Containers filled with liquid
- ✗ Home Health Care Waste
- ✗ Sharps & Needles (dispose of at your local pharmacy)
- ✗ Sharp items such as knives
 - ✗ Batteries
- ✗ Propane Tanks
- ✗ Plastic Bags
- ✗ Styrofoam
- ✗ Black Plastic

PAPER RECYCLING



Books (soft & hard cover -
remove hardcovers and
discard with garbage)



Cardboard (2 ft x
3ft (0.61 x 0.91 m),
flattened and/or
bundled)



Cereal, tissue, frozen
food, cracker boxes



Envelopes &
junk mail



Magazines,
catalogues & phone
books (remove
plastic)



Newspapers & flyers
(including glossy)



Paper bags



Paper (colored & white) &
file folders



Shredded paper (in
a clear plastic bag)



Wrapping (non-metallic)/
tissue paper & greeting cards



Toilet & paper towel
rolls (empty)

Please refer to your local Municipality for additional information on recycling and waste services.

Container Recycling & Paper Recycling must be kept separate.

Please ensure recycling contains no hazardous waste or food waste.

INFORMATION

United Townships of Head, Clara & Maria

Phone: 613-586-2526
Fax: 613-586-2596

15 Township Hall Road
Stonecliffe ON K0J 2K0

admin@headclaramaria.ca (Stephany)
clerk@headclaramaria.ca (Crystal)

HCM Mission: At your service; working effectively to bring together people, partnerships and potential for a strong, connected community.

HCM Vision: Providing a healthy, connected and sustainable community teeming with possibilities for our citizens now and into the future.

We're on the web!
townshipsofheadclara-



A Natural Playground

Council Contacts

Mayor Debbi Grills

613-586-1904

d.grills@headclaramaria.ca

Chris Dowser

613-633-1541

c.dowser@headclaramaria.ca

Fran Kelly-Chamberlain

613-586-1942

f.kelly-chamberlain@headclaramaria.ca

Karen LeClerc

613-585-3524

k.leclerc@headclaramaria.ca

Rachel Richer

226-373-4674

r.richer@headclaramaria.ca

2023 Council Meeting Schedule

Thursday November 16 - 2:00 pm

Thursday December 21 - 2:00 pm

Stonecliffe CWL

October bingo!

Proceeds to
the Grind.

Cash Prizes.
Higher prizes the
more players.



Sunday, Oct. 29
2 PM

Stonecliffe Community Centre



Renfrew County and District Health Unit
"Optimal Health for All in Renfrew County and District"

For Immediate Release

(Pembroke, Ontario, October 19, 2023)

RCDHU COVID-19 and Flu Vaccine Clinic Update - Appointment Booking Required

Renfrew County and District Health Unit (RCDHU) is announcing changes to their COVID-19 and flu vaccine clinics. Starting October 20th, COVID-19 vaccinations will now be offered by appointment only.

"We have seen very high attendance at our recent clinics, which has resulted in longer wait times for residents. To better serve our community, we are shifting to appointment-based clinics moving forward. We are pleased to see such high attendance and vaccine uptake in Renfrew County and District, and we are working to ensure that everyone who wants a vaccine has access," states Dr. Jason Morgenstern, Medical Officer of Health for RCDHU.

For those looking for COVID-19 AND flu immunization:

- COVID-19 immunization appointments must be booked through the Ontario [Provincial Appointment Booking system](#).
- Flu vaccines will also be available at the time of your appointment, should you choose to get one at that time. You do not need to indicate this when booking your appointment.
- Please note, appointments cannot be booked directly through RCDHU. If you need assistance booking an appointment, please contact the Provincial Vaccine Contact Centre at 1-833-943-3900.

For those looking for a flu shot only:

- Flu shots will continue to be offered at RCDHU clinics on a walk-in basis, no appointment required. Wait times may vary.
- Flu shots are also available through [participating pharmacies](#). It is recommended that you contact the pharmacy ahead of time as appointments may be required.
- Flu shots are available through participating health care providers.

At this time, RCDHU clinics are open to **individuals at higher risk of severe infections** only. For more information on eligibility, visit: [COVID-19 and Flu Vaccine Clinics](#).

Starting October 30th, RCDHU's COVID-19 and flu clinics will be open to anyone 6 months of age and older.

For RCDHU's clinic dates and locations, please visit: [COVID-19 and Flu Clinic Schedule](#). Stay connected by visiting [www.rcdhu.com](#).

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Renfrew County and District Health Unit
Fax: 613-735-3067
media@rcdhu.com
www.rcdhu.com