

The Municipality has been successful in obtaining funding through the Government of Canada's

New Horizon's for Seniors Program (NHSP);

funds will be used to deliver a senior and intergenerational program aimed to empower seniors in their community and contribute to their health and well-being.

We will be hosting a variety of educational, physical, social, recreational and skill-building, programs over the next nine months (suggestions are welcome). These programs are generously provided in order to promote social inclusion, prevent social isolation, and to encourage community interaction. Updates will be provided on the municipal website, social media, advertising boards, community contact email list and newsletters.

For questions or concerns, please contact:
admin@headclaramaria.ca or 613-586-2526.